University of Hawai‘i John A. Burns School of Medicine
Family Medicine Clerkship
Observed History and Physical Checklist

Student _________________________________      Date ____________________
Preceptor ____________________________
Evaluators (Include anyone who may have signed off on any of the skills listed):
________________________________________________________________________
________________________________________________________________________

To preceptor/faculty/resident: Please directly observe the student performing the following components of a history and physical exam. All of the components do not necessarily have to be observed during the same patient encounter, but each of the components need to be observed by the end of the student’s rotation.

Indicate either “C” for credit, “I” for needs improvement, or “N” for not done.

Professionalism/Communication Skills

_____  Introduces self appropriately
_____  Demonstrates respect for patients and their family members
_____  Respects comfort and privacy of the patient at all times
_____  Uses appropriate and understandable language with patients; avoids jargon
_____  Encourages patient to ask questions
_____  Gathers information in an organized and logical sequence
_____  Uses open-ended questions in history taking
_____  Counseling/Patient education

History

_____  Addresses all pertinent elements of the HPI
_____  Reviews pertinent past medical/surgical history and family history
_____  Reviews medications with patient
_____  Discusses all important aspects of the patient profile: occupation and current family status, social support structure, habits, diet, and exercise with patient
_____  Reviews appropriate health maintenance issues including immunizations
_____  Reviews pertinent review of systems

Physical Exam

_____  Washes hands before examining patient
_____  Repeats blood pressure measurement for elevated readings
_____  Assesses general appearance
_____  Eyes (pupils, EOMs, correct use of fundoscope with dimmed lights)
Ears (proper stabilization of otoscope and use of insufflation bulb when assessing for infection)

Nose (turbinates and sinuses)

Mouth/Throat

Neck (Thyroid palpation, Lymph nodes, JVD—with correct positioning of patient, carotid bruits)

Breasts and Axillae

Lungs (Auscultating on bare skin in appropriate locations throughout lung fields, percussing when indicated)

Heart (Palpating PMI, Auscultating on bare skin in all appropriate locations)

Abdomen (Inspection, bowel sounds, palpating masses/spleen/liver/tenderness – with patient supine with knees bent)

Pelvic/Pap (Ensure patient comfort)

Joint exam (Inspection, palpation, appropriate range of motion, special maneuvers)

Please list which joint exam(s) observed: ____________________________

Neurologic (cranial nerves, strength, sensation, DTRs, cerebellar)

Skin

Overall Evaluation:

H=Outstanding performance, above level expected of a 3rd year student
C=Competent performance, level expected of a 3rd year student
U=Unsatisfactory performance, below level expected of a 3rd year student

Professionalism and Communication

History taking skills

Physical Exam skills

Counseling/patient education skills

Comments:

________________________________________________________________________________________________________

Primary Preceptor Signature  Date

________________________________________________________________________________________________________

Student Signature  Date