Island Food Models Resources List

NASCO

Company description
NASCO is a company that many health and nutrition education providers are familiar with. Founded in 1941, they are a major producer of nutrition education aids in the United States. Many of their Life/form® food replicas are relevant to the eating practices of our unique islands.

Ordering Information
NASCO can be contacted via phone, fax, or e-mail. Call toll free at 1-800-558-9595. Fax the Fort Atkinson, WI office at (920) 563-8296 or the Modesto, CA office at (209) 545-1669. They can be e-mailed at custserv@eNASCO.com. All products are available for on-line purchase at www.eNASCO.com in the Nutrition on-line catalog.

Local Foods
The following is a list of NASCO Life/form® food replicas that may be relevant to the eating practices of our unique islands

- American cheese, 1 oz. (30g) $2.85
- avocado, 1/8 of 4” diameter $5.45
- banana without skin $6.95
- banana, one half without skin, 3 oz. $3.80
- beef cubes, three 1 oz. cubes $4.45
- beef stew with 1 oz. beef with vegetables in bowl, 1 cup $13.40
- bread, toasted white, 1 slice $6.50
- bread, whole grain, 1 slice $5.95
- chicken breast, 3 oz. (85g) $4.90

Compiled by: NK Baumhofer, Department of Native Hawaiian Health, University of Hawaii, School of Medicine, 2007
chili in bowl, 1 cup (240ml) $14.50

corn, off cob, 1/4 cup (60ml) $3.15

cucumber slices, 1/2 cup (120ml) $5.75

fish patty, broiled, 3 oz. (85g) $4.35

French dressing in measuring spoon, 1 tbsp. (15ml) $3.20

hamburger patty, 3 oz. (85g) $3.55

hot dog without bun, 1 1/2 oz. (40g) $5.25

iceberg lettuce, 1 large leaf $6.30

Jello in cup, 1/2 cup (120ml) $5.00

macaroni and cheese, 1/2 cup (120ml) $5.45

mayonnaise in measuring spoon, 1 tsp. (5ml) $3.15

meatloaf slice, 3 oz. (85g) $6.40

peanuts, ten boiled (238g) $4.75

pineapple slices, three slices (80g) $4.65

rice, brown (not in bowl), 1/3 cup (80ml) $4.55

rice, fried with peas, 1 cup (240ml) $10.25
rice, white in bowl, 1 cup (240ml) $6.95
rice, white (not in bowl), 1/3 cup (80ml) $4.55
rice, brown (not in bowl), 1/2 cup (120ml) $4.75
rice, white (not in bowl), 1/2 cup (120ml) $4.75
romaine lettuce, 1 medium leaf $8.25
soda crackers, six 1 oz. (30g) crackers $8.45
spaghetti and meatballs, 1 cup $11.00
Tilapia, baked 3 oz. (90g) $5.65
tofu, 1 oz. (30g) $3.20
yam, 1/2 cup (120ml) $4.30
Replica Food Models

Company Description
Located in London, Replica Food Models specializes in creating realistic food models for retail and educational purposes.

Ordering Information
They can be reached by telephone at +44 (20) 8523 3523, fax at +44 (20) 8523 3524, or e-mail at sales@replica.co.uk. Their website address is www.replica.co.uk.

Local Foods
Here is a collection of the relevant foods that are available through Replica Food Models.

- avocado $4.04
- avocado, one half fruit $15.40
- banana $3.85
- banana “chunks,” three $7.99
- banana, hand $18
- banana, peeled $9.24
- bread roll $13.96
- breadfruit $16.75
- breadfruit, section $41.39
- butter pats, five $5.29
- cabbage $4.04
- chicken with skin $4.24
corned beef, two slices $19.83

cucumber slices $10.01

fried egg $8.18

fruit salad $20.02

green chili $2.70

hamburger steak $10.42

lettuce $6.35

macaroni and cheese $15.30

mango $3.56

okra $3.08

papaya, one half fruit $23.29

persimmon $2.70

pineapple rings, three $7.99

potato croquette, three pieces $11.94

prawn, large $12.13

prawn, small $8.28
<table>
<thead>
<tr>
<th>Item</th>
<th>Price</th>
</tr>
</thead>
<tbody>
<tr>
<td>pumpkin wedge</td>
<td>$50.05</td>
</tr>
<tr>
<td>red chili</td>
<td>$3.08</td>
</tr>
<tr>
<td>salmon steak</td>
<td>$27.53</td>
</tr>
<tr>
<td>sardine, in oil</td>
<td>$6.74</td>
</tr>
<tr>
<td>star fruit</td>
<td>$3.08</td>
</tr>
<tr>
<td>toast</td>
<td>$7.70</td>
</tr>
</tbody>
</table>
Fake Foods, Inc.

Company Description
Fake Foods is an American company that specializes in making custom food models for retail and education. This company was chosen to manufacture the custom food model sets for the Local Food Model Project. Not only can they create any food imaginable, but they also have many foods already made and ready for on-line purchase.

Ordering Information
They can be contacted via phone at (760) 703-0901, fax at (714) 662-0901, or e-mail at information@fake-foods.com. Their website address is www.fake-foods.com.

Local Foods
The following is a collection of local foods that are available through Fake Foods, Inc.

- banana $9.75
- cheddar cheese, small block $19.95
- hamburger patty $14.95
- hot dog $14.95
- pineapple, three slices $19.50
- romaine lettuce $9.50
- shrimp, three boiled pieces $22.50
- tomato, six slices $39.25
- tomato, six wedges $39.25