Mentor Notes

Prepare yourself for the class before everyone gets there.

Remember the room arrangement for better group discussion.

Facilitate discussion whenever you see this symbol 🎉

Meeting 5 checklist of items needed:

___ Sign-In sheet (Attendance Sheet)
___ Meeting 5 for each participant
___ Flip Chart
___ Markers
___ Crayons (for each participant)
___ Incentive for each participant (optional)

When people arrive:

• Give Meeting 5 to each participant.
• Have everyone sign the Sign-In sheet.
• Welcome everyone.
• Let them know where restrooms are located.
• Tell them that today's meeting should last about 1 hour and to help you stay on track so that everything will get covered.
• Tell them that questions and discussions are encouraged from everyone.
Mentor Notes

Ask participants to answer the questions on pages 5-13 and 5-14.
Mentor Notes

Ask for volunteers to read the parts of Mary and Kona for the role play.
Mentor Notes

1. Have participants set a goal.

2. Ask participants to complete the 3 questions on the next page. Collect the questionnaire and send to Ka’imi.