PILI ‘Ohana is . . .

a partnership between five community-based organizations throughout the State of Hawai‘i and a team of academic researchers from the Department of Native Hawaiian Health at the University of Hawai‘i, John A. Burns School of Medicine.

PILI ‘Ohana means . . .
PILI: Partnership for Improving Lifestyle Intervention. PILI is also a Hawaiian word which means: relative, close relationship, adhere to, to be with, touch and join. ‘Ohana means family, relative, shared ancestry, kin group. Therefore the words PILI and ‘Ohana exemplify the spirit of our collaboration, which is to foster and strengthen relationships between and within the communities.

Our purpose is . . .
to combine community wisdom and expertise with scientific methods to research effective obesity prevention programs, in Native Hawaiian and Pacific Peoples.

Health Disparities:
Among Pacific-based populations such as Native Hawaiians, Samoans, Filipinos, and other Pacific Island Peoples, the prevalence of overweight and obesity has been rising with an estimated 7–11% increase since 2003.

For Native Hawaiians and Filipinos the prevalence of overweight and obesity (having a BMI higher than 25) is 75.2% and 55%, respectively.

Medical complications associated with overweight and obesity:
• diabetes
• heart disease
• and some forms of cancer

We are a partnership of . . .
Community Organizations
• Hawai‘i Maoli – Association of Hawaiian Civic Clubs
• Kalihi-Palama Health Center
• Ke Ola Mamo
• Kōkua Kalihi Valley Comprehensive Family Services
• Kula No Nā Poʻe Hawaiʻi – Papakōlea

Academic Researchers
• PILI ‘Ohana
• Center for Native and Pacific Health Disparities Research
• Dept. of Native Hawaiian Health
• John A. Burns School of Medicine
• University of Hawai‘i at Mānoa

Advisory Organizations
• Hui Mālama Ola Nā ʻOiwi
• Ke Alaula
• Queen Emma Clinics
• Maoli Ola
• Waimānalo Health Center

For more info . . .
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