


Mentor Notes

Prepare yourself for the class before everyone gets there.

Remember the room arrangement for better group discussion.

Facilitate discussion whenever you see this symbol 

Meeting 2 checklist of items needed:

- One set of Meeting 2 for each participant
- Flip chart
- Markers
- Sign-In sheet (Attendance sheet)
- Pillboxes as incentive if you have them
- Diabetes Medicine brochures
(Participant to receive only the pamphlets for medicine they are taking)
- Insulin Pamphlets (only for those taking insulin)

When people arrive:

- Give Meeting 2 to add to their binders.
- Have everyone sign in on the attendance sheet.
- Introduce any newcomers to the group.
- Remind them where restrooms are.
- Welcome everyone.
- Tell them that today's meeting should last about 1 hour and to help you keep on track so that everything will get covered.
- Tell them that questions and discussions are encouraged from everyone.

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Review the table of diabetes pill for the participants.

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1. Have participants take their pills out.
2. Give each participant only the brochure(s) for the medicine that they are taking.
3. Review the brochures with participants.
4. If anyone has questions about their medicine or side effects that they may be having, tell them to ask their health care provider or pharmacist.

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1. Ask two people to volunteer for the role play.
2. Read the introduction and have the clients read the parts of Mary and Dr. Smith

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1. Thank the clients that read the role play.
2. Ask the clients the questions at the end of the role play.

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1. Review today's meeting.
2. Give everyone a few minutes to think of a goal related to their diabetes medicine and have them write their goal down.
3. Ask clients to answer the 3 questions on the next page – Collect the questionnaire from participants and send to Ka`imi.
4. Read the last page of the meeting.