

Mentor Notes

Prepare yourself for the class before everyone gets there.

Remember the room arrangement for better group discussion.

Facilitate discussion whenever you see this symbol



Meeting 11 checklist of items needed:

- Sign-In Sheet (Attendance Sheet)
- Meeting 11 for every participant
- Flip Chart and Markers
- Incentives (optional)
- Healthy snacks (optional)

When people arrive:

- Give Meeting 11 to participants
- Have everyone sign in on attendance sheet
- Tell them that today's meeting should last about 1 hour.
- Tell them that questions and discussions are encouraged.
- **OPTIONAL** – Review the key points from Meetings 1-10 in table in the “extras” section. You can review either before or after the meeting, or have participants read through the table on their own.

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Ask for two volunteers to read the parts of the Doctor and Mrs. Spencer.

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1. Review meeting
2. Have participants set a goal
3. After participants set a goal, read last page of meeting.
4. Ask participants to complete the 3 questions at the end of the meeting.
5. Point out the questions and dictionary at the end of the meeting.